

**Appendix 1**

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<b>Meeting</b>	Health Overview and Scrutiny Committee
<b>Date</b>	12 March 2014
<b>Subject</b>	<b>NHS Health Checks Scrutiny Review – Final Report</b>
<b>Report of</b>	<b>Scrutiny Office</b>
<b>Summary of Report</b>	This report at Annex 1 details the findings and recommendations of the NHS Health Checks Scrutiny Review.

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Officer Contributors	Andrew Charlwood, Overview and Scrutiny Manager
Status (public or exempt)	Public
Wards Affected	All
Key Decision	N/A
Reason for urgency / exemption from call-in	N/A
Function of	Health Overview and Scrutiny Committee
Enclosures	Annex 1 – Report of the NHS Health Checks Scrutiny Review
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## 1. RECOMMENDATION

- 1.1 **The Committee note the findings and recommendations of the NHS Health Checks Scrutiny Review, as set out in the report attached at Appendix 1.**
- 1.2 **The Committee note that the report will be referred on to the Barnet Cabinet and Harrow Cabinet for consideration.**

## 2. RELEVANT PREVIOUS DECISIONS

- 2.1 Health Overview and Scrutiny Committee, 3 October 2013, Minute Item 12, NHS Health Checks Scrutiny Review – the Committee received an update on the progress of the joint Barnet / Harrow NHS Health Checks Scrutiny Review.
- 2.2 Health Overview and Scrutiny Committee, 12 December 2013, Minute Item 13, NHS Health Checks Scrutiny Review – the Committee received an update on the joint Barnet / Harrow NHS Health Checks Scrutiny Review and agreed that the final report could be approved by the Committee via e-mail to enable the report to be referred to Cabinet in February 2014. *(Note: Item has subsequently been deferred for consideration at Cabinet on 2 April 2014)*

## 3. CORPORATE PRIORITIES AND POLICY CONSIDERATIONS

- 3.1 The Overview and Scrutiny Committees must ensure that the work of Scrutiny is reflective of the Council's priorities.
- 3.2 The three priority outcomes set out in the 2013 – 2016 Corporate Plan are: –
  - Promote responsible growth, development and success across the borough;
  - Support families and individuals that need it – promoting independence, learning and well-being; and
  - Improve the satisfaction of residents and businesses with the London Borough of Barnet as a place to live, work and study.
- 3.3 In relation to the **NHS Health Checks Task and Finish Group**, the following outcomes and targets are relevant to the work of the Group:

“To sustain a strong partnership with the local NHS, so that families and individuals can maintain and improve their physical and mental health; and

“We will work with the local NHS to encourage people to keep well by increasing the availability of health and lifestyle checks for those aged between 40 and 74, and promoting better use of green space and leisure facilities to increase physical activity.”

“Increase the number of eligible people who receive an NHS Health Check to 7,200”

## 4. RISK MANAGEMENT ISSUES

- 4.1 None.

## **5. EQUALITIES AND DIVERSITY ISSUES**

- 5.1 Equality and diversity issues are a mandatory consideration in decision-making in the council pursuant to the Equality Act 2010. This means the council and all other organisations acting on its behalf must have due regard to the equality duties when exercising a public function. The broad purpose of this duty is to integrate considerations of equality and good relations into day to day business requiring equality considerations to be reflected into the design of policies and the delivery of services and for these to be kept under review. Health partners as relevant public bodies must similarly discharge their duties under the Equality Act 2010 and consideration of equalities issues should therefore form part of their reports.
- 5.2 In addition to the Terms of Reference of the Committee, and in so far as relating to matters within its remit, the role of the Committee is to perform the Overview and Scrutiny role in relation to:
- The Council's leadership role in relation to diversity and inclusiveness; and
  - The fulfilment of the Council's duties as employer including recruitment and retention, personnel, pensions and payroll services, staff development, equalities and health and safety.

## **6. USE OF RESOURCES IMPLICATIONS (Finance, Procurement, Performance & Value for Money, Staffing, IT, Property, Sustainability)**

- 6.1 Scrutiny reviews have the scope to consider value for money issues which identify how well the Council is managing and using its resources to deliver value for money and better and more sustainable outcomes for local people. Reviews must take into consideration the costs and benefits (both financial and non-financial) of any recommendations which they propose. In relation to the NHS Health Checks Scrutiny Review, all recommendations are expected to be delivered within the proposed 2014/15 budget of £573,425 allocated to deliver Health Checks in Barnet.
- 6.2 The costs associated with administering the NHS Health Checks Scrutiny Review have been met from existing resources within the Governance Service budget. Administrative support for the review has also been supported by the Scrutiny Office at the London Borough of Harrow and from an Expert Advisor from the Centre for Public Scrutiny.
- 6.3 The Community Engagement workstream was commissioned by the Scrutiny Review and funded from the London Borough of Harrow Public Health budget.

## **7. LEGAL ISSUES**

- 7.1 Section 244 of the National Health Service Act 2006 and Local Authority (Public Health, Health and Wellbeing Boards and Health Scrutiny) Regulations 2013/218; Part 4 Health Scrutiny by Local Authorities provides for the establishment of Health Overview and Scrutiny Committees by local authorities.
- 7.2 Health and Social Care Act 2012, Section 12 – introduces section 2B to the NHS Act 2006 which imposes a new target duty on the local authority to take

such steps as it considers appropriate for improving the health of people in its area.

- 7.3 Under Section 9F of the Local Government Act 2000, the Council's executive arrangements are required to include provision for appointment of an Overview and Scrutiny Committee with specified powers, including the power to make reports or recommendations to the authority or the executive with respect to the discharge of any functions which are the responsibility of the executive.

## **8. CONSTITUTIONAL POWERS (Relevant section from the Constitution, Key/Non-Key Decision)**

- 8.1 Council Constitution, Overview and Scrutiny Procedure Rules – sets out the terms of reference of the Health Overview and Scrutiny Committee which includes:

- i) To perform the overview and scrutiny role in relation to health issues which impact upon the residents of the London Borough of Barnet and the functions services and activities of the National Health Service (NHS) and NHS bodies located within the London Borough of Barnet and in other areas.
- ii) To make reports and recommendations to the Executive, Health and Well-Being Board and/or other relevant authorities on health issues which affect or may affect the borough and its residents.
- iii) To receive, consider and respond to reports and consultations from the NHS Commissioning Board, Barnet Clinical Commissioning Group, Barnet Health and Well-Being Board and/or other health bodies.

## **9. BACKGROUND INFORMATION**

- 9.1 In April 2013, the Centre for Public Scrutiny (CfPS) launched a programme to support local authority scrutiny functions to review their local approach to NHS Health Check and improve take up. A bid for support was made by the London Boroughs of Barnet and Harrow (who have a shared Public Health function) and the bid was successful. Work on this project was undertaken between June and December 2013. This project has been managed jointly by Scrutiny Officers from Barnet and Harrow and links directly to each council's overview and scrutiny committees; in the case of Barnet this is the Health Overview and Scrutiny Committee. As part of the offer from CfPS, the review has received support from a CfPS Expert Adviser (5 days total). In addition, the Joint Director for Public Health has been supporting the review.
- 9.2 In accepting the CfPS support offer, Barnet and Harrow committed to the following:
- Completing the review by the end of November 2013
  - Using the CfPS Return on Investment (ROI) model
  - Participating in Knowledge Hub online discussions
  - Keeping an Action Log which will be utilised to co-produce a case study
  - Participate in Action Learning Events

9.3 Barnet Members appointed to the Group were Councillors Alison Cornelius, Graham Old and Barry Rawlings. The Chairman of the Group was Councillor Vina Mithani from London Borough of Harrow.

9.4 The Scrutiny Review held meetings on the following occasions:

9.4.1 **25 July 2013**

- Approved of the Project Briefing to enable the review work to commence in advance of formal committee approvals
- Approved the composition of the Task and Finish Group (3 Harrow Members and 3 Barnet Members (Councillors A Cornelius, Old and Rawlings))
- Approved the consultation / engagement approach
- Noted resourcing arrangements
- Agreed an outline plan for the utilisation of the CfPS Expert Advisor support available

9.4.2 **18 September 2013**

- Received a summary of activity to date
- Reviewed and agree the Project Plan
- Received the results of a data mapping exercise undertaken by the public health team (including trend analysis)
- Agreed the approach to engaging with key stakeholders and residents / patients

9.4.3 **2 October 2013**

- Received a presentation from the CfPS Expert Adviser on the ROI approach
- Agreed the format of the Stakeholder Workshop

9.4.4 **1 November 2013**

- Stakeholder Workshop attended by Public Health England (London), GPs, Practice Managers, Healthwatch, Diabetes UK, Cabinet Members, Barnet / Harrow Public Health and Barnet Clinical Commissioning Group.

9.4.5 **4 December 2013**

- Considered results of an online questionnaire on Health Checks (promoted via Engage Space, Twitter / Facebook, Older Adults Partnership Boards and Members)
- Received results of community engagement exercise which included focus groups (generic, men and deprived areas) and 1:1 interviews

9.5 A detailed update was reported to the Health Overview and Scrutiny Committee on 12 December 2013 where the Committee agreed that the sign-off of the report could take place via e-mail. The final report agreed by the Committee is set out **Annex 1**. As this report has already been formally signed off by the Committee, the final version of the report is being reported to the Committee for information only.

- 9.6 The final report of the NHS Health Checks Scrutiny Review will be reported to the London Borough of Barnet Cabinet on 2 April 2014. The report was approved by the London Borough of Harrow Health & Social Care Scrutiny Sub-Committee on 11 February 2014, and will be reported to the Harrow Cabinet on 13 March 2014 for initial consideration and again on 10 April 2014 for formal response.
- 9.7 The work undertaken during this review forms part of a wider body of work on NHS Health Checks funded by Public Health England and supported by the Centre for Public Scrutiny. Barnet and Harrow are one of five NHS Health Check Scrutiny Development Areas nationally. Further details can be found via the link at item 10 below.

## 10. LIST OF BACKGROUND PAPERS

- 10.1 Centre for Public Scrutiny NHS Health Check Programme:  
<http://www.cfps.org.uk/health-check>

<b>Cleared by Finance (Officer's initials)</b>	<b>JH</b>
<b>Cleared by Legal (Officer's initials)</b>	<b>LC</b>